

Sleep disorders adversely affect health, mood, and energy levels. Continuous Positive Airway Pressure (CPAP) devices maintain open airways in patients suffering from obstructive sleep apnea by providing airflow at prescribed pressures during sleep. Most patients receiving CPAP report better quality sleep, more energy, increased alertness, and improved cognitive function.

CPAP originated in the earliest days of respiratory care and came to prominence in the mid 1980's as an effective treatment in the home for Obstructive Sleep Apnea (OSA). The first units were the size of an oxygen concentrator utilizing belt drives, consuming high amounts of electricity, and operating at very noisy levels. Each passing year has brought refinements in esthetic appearance, noise reduction, and reliability. Estimates of 10 to 18 million undiagnosed cases of OSA in the United States have given rise to this form of treatment in the home setting.

Patients are usually diagnosed with OSA during a laboratory sleep study. Our experienced team processes the physician's order, instructs the patient on the safe and effective use of the CPAP in their home, files the insurance claims, and remains available for trouble shooting, follow-up, and re-supply, as needed.